

GREEN ZONE

2021-1-HU01-KA210-ADU-000035076

## PROGRAM

27.06.2022-28.06.2022 (Monday-Tuesday)

## 3rd international project meeting

## training

**Date:** 27.06.2022-28.06.2022 (Monday-Tuesday)**Location:** Hungary (each specific location is indicated separately)**Contact person:** Mészáros Mercedes, 70 362 7163

## Day 1

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| 10.45 - 11.00 | Arriving, meeting<br>Location: 1086 Budapest, Teleki László tér 8-9./A 7/19. (the present place of operation, office of the foundation)                                                                                                                                                                                                                             |
| 11.00-13.00   | professional program: Occupation: prisoner. Target group knowledge, field competence<br>training 1. Mészáros Mercedes, Váltó-sáv Alapítvány                                                                                                                                                                                                                         |
| 13.00-14.00   | WORK LUNCH<br>Location: Madame Pho (1082 Budapest, Corvin sétány 5.)<br><a href="https://welovebudapest.com/cikk/2020/6/11/madame-pho-ahol-a-vietnami-nagymama-foz-autentikus-vietnami-etterem-nyilt-a-corvin-negyedben">https://welovebudapest.com/cikk/2020/6/11/madame-pho-ahol-a-vietnami-nagymama-foz-autentikus-vietnami-etterem-nyilt-a-corvin-negyedben</a> |
| 14.00-17.00   | professional program: Change Fever: board game for preparation for release and sensitization (personal experience gaining about the post-release life situation of the target group)<br>training 2. Pósa Kornél, Váltó-sáv Alapítvány<br>Location: 1086 Budapest, Teleki László tér 8-9./A 7/19. (the present place of operation, office of the foundation)         |
| 17.00-18.00   | partners going to the accommodation                                                                                                                                                                                                                                                                                                                                 |
| 18.00-19.00   | DINNER TOGETHER<br>Location: Amici Mie, 1082 Budapest, Corvin sétány 1.<br><a href="https://etterem.hu/amici-miei">https://etterem.hu/amici-miei</a>                                                                                                                                                                                                                |

## Day 2

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| 10.00-13.00   | Physical & mental revitalization: burn-out prevention, stress management<br>training 3. Hegedűs Judit, associate professor and department head of the University of Public Service (Institute of Behavioral Science)<br>Location: 1086 Budapest, Teleki László tér 8-9./A 7/19. (the present place of operation, office of the foundation) |
| 13.00 - 14.00 | LUNCH<br>at the training site, food-ordering service                                                                                                                                                                                                                                                                                       |
| 14.00 - 16.00 | After the training: defining, discussing further activities.<br>Summary, closing, evaluation.<br>Location: 1086 Budapest, Teleki László tér 8-9./A 7/19. (the present place of operation, office of the foundation)                                                                                                                        |